



## From the Principal

Dear Parents, Staff, Students and Friends,

The 23<sup>rd</sup> of July was the 200<sup>th</sup> Anniversary of the beginning of the Marists. In 1816 twelve aspirants, priests and seminarians climbed the hill to the Shrine of Our Lady of Fourviere, where they signed their pledge to found the Society of Mary, the beginning of the Maryists, which we now know as Marists. Their dream became a reality and they laid the foundation of the Marist Family of religious and lay men and women as we know it today. Our Marist Fathers, Brothers, Sisters, Missionary Sisters and Laity gathered together at Holy Name of Mary Church at Hunters Hill to celebrate Mass, where each group signed a new commitment. We are so blessed to be a part of this wider Marist community. I would like to share the general Statement of Commitment with you:

**Our Shared Statement:** *We, the Marists of Australia, striving to work together for the greater glory of God and the honour of Mary, Mother of Jesus, declare our sincere intention and firm desire of consecrating ourselves to building the Marian Church into the future*

*That is why, by this declaration of solidarity as Marists, insofar as we can, we dedicate ourselves to the Society of the Blessed Virgin. We do not do this childishly or lightly or for some human motive in the hope of material benefit, but seriously, maturely, courageously, having taken advice, having weighed everything before God, solely for the greater glory of God, and honour of Mary, Mother of Jesus.*

*We pledge ourselves to accept the sufferings, trials, inconveniences and challenges, because we can do all things in Jesus Christ who strengthens us and to whom we hereby promise fidelity in the embrace of our Church.*

*Together we commit ourselves to the founding intuitions of the Fourviere inspiration that we may continue to be daring and responsive disciples of Jesus Christ, nourished with the words of faith and of teaching which, by his grace, we have received.*

This week we held our College Oratory. This was definitely an evening where our students demonstrated their talent for public speaking. The way in which the students not only delivered their speeches, but also the interesting way in which they approached their topics made for a very entertaining evening. Learning to craft an argument, to connect and engage with an audience, the skill of communication and creativity are highly regarded skills in the contemporary workplace. I congratulate all who participated and the winners who will represent us on the 7<sup>th</sup> of September at Marist North Shore.

Last week we had our Annual Year 12 Major Works Exhibition and I congratulate every student for your outstanding work. This year we included works from across Visual Arts and TAS IT Multimedia. I was very impressed with the quality, the range of work, the design, the level of creativity and the talent that was evident across all areas. Today's job market requires young people who are flexible and creative, problem finders who can think outside the square. Students who choose subjects in these areas have an added opportunity to develop these skills, which will also assist them if they pursue any area of tertiary study. I thank Ms Brennan, Mrs Scott and Mrs Bourke for their work with the Creative Arts and TAS students. Thank you to all the staff and family who attended on the night and who helped to organise the evening.

This week we had our Awards Assembly. I congratulate all those students who have achieved outstanding results in both their learning and sporting achievements and those that have worked with exceptional diligence. I also congratulate those students who have worked hard during Semester One, which is reflected in your reports. It was wonderful to see over 400 parents and friends join us for the occasion, which shows the strength of school and parent partnerships here at the College. I thank the many staff and students involved in organising and running the Awards Assembly.

A reminder that our P&F Trivia night is coming up on the 13<sup>th</sup> August. We would love to see you there. It promises to be a great night.

This morning I met with Architects with our plans for the junior boys toilets. We will finalise the plans and put it to tender very shortly.

Mrs Angela Hay

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## KEY DATES

**Monday, 1<sup>st</sup> August**  
H.S.C. Trials Commence

**Monday, 8<sup>th</sup> August**  
Year 11 Retreat Commences

**Saturday, 13<sup>th</sup> August**  
P&F Trivia Night

**Friday, 12<sup>th</sup> - 14<sup>th</sup> August**  
Year 12 REMAR (Gold) Retreat

**Monday, 15<sup>th</sup> August**  
Feast of the Assumption Mass

**Wednesday, 17<sup>th</sup> August**  
Marist Oratory Competition

**Friday, 19<sup>th</sup> August**  
College Walkathon

**Friday, 26<sup>th</sup> August**  
Winter Sleepout

**Friday, 2<sup>nd</sup> September**  
Year 9 Formation Day  
Fathers Day Liturgy



## *Business Manager*

### **STUDENT AND PARENT REMINDERS**

If you come to the College during school hours, you must enter through the front gate and sign in at the office before going out into the courtyard or other student areas.

**Lost Property / Second Hand Clothing:** There is still a large amount of Lost Property in the Book Hire/Uniform Shop. If your son/daughter has misplaced items of uniform, clothing, drink bottles, umbrellas, etc, please ask them to check Lost Property. Also, parents please keep in mind that the College operates a second hand uniform shop and there is a vast selection of uniform items for sale.

#### **Opal Card**

A reminder to all students using public transport to and from school to please tap on and tap off with their School Opal card. This helps the bus companies in supplying appropriate bus services.

One of the more significant changes created by the recent introduction of the School Opal card is the need for students to tap on and off when they travel to and from school.

Opal data gathered by tapping on and off is used to determine demand for bus services. If students don't tap on and tap off, services may be cancelled due the lack of recorded patronage.

With this in mind, students are reminded that tapping on and off at the beginning and end of each trip is one of the conditions of using a School Opal card.

**School Fees - Term 3:** School Fee statements for Term 3, 2016 were issued on 25<sup>th</sup> July and are due for payment by 22<sup>nd</sup> August for families that are not on an arrangement.

If you are currently on a payment plan, please continue to make payments as per your arrangement.

The College is happy to assist those Parents/Caregivers who require more time to pay off their child's school fees. If you are experiencing financial difficulty, or are unable to pay the fees in full by the due date please contact Ms Rolla Van Zeeland the School Fees Administrator on 9638 5644 immediately or email [rvanzeeland@parra.catholic.edu.au](mailto:rvanzeeland@parra.catholic.edu.au)

**Mrs F. Hawton  
Business Manager**

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# *Assistant Principal*

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## **COLLEGE WALKATHON**

**Friday 19<sup>th</sup> August**

At the end of Week 5 of this Term we have the College Walkathon. This is our annual main fundraising event for the College. It not only assists the College to improve the conditions and resources available for your sons and daughters but it also provides a wonderful experience of school spirit and teamwork to achieve a goal.

We will continue to donate part of the raised funds to support the Marist Primary School in Trichy (Tiruchirappalli) in India. The Brothers are in the final stages of building the school to accommodate 600 students from the surrounding villages and our contributions over the past few years have been enormously appreciated.

### **Details:**

**When:** Friday 19<sup>th</sup> August

**Target:** \$40,000 (Approximately \$40/student)

**Theme:** "Out of this World" - The College will be known as 'St.Patrick's 'Mars' College' for the event!!

We ask that you assist our efforts by supporting your children in gaining sponsors to achieve our target. More details will be published in the College Newsletter as we approach the date. Also, please refer to the Business Sponsorship letter at the end of this newsletter

**Mr W. Waddell**

**Assistant Principal - Pastoral**

## **STAFF PROFESSIONAL LEARNING DAY**

The ongoing professional learning of teachers is a key aspect in improving student learning and outcomes. Professional Learning for teachers is scheduled weekly as teacher work in their Key Learning Areas to develop the College key priorities for 2016 – Critical Thinking and Collaboration. On Monday 18<sup>th</sup> July, teachers had the day to focus on two important aspects – Understanding by Design and in their Key Learning Areas developing of differentiated assessment, programming new pedagogies; and developing student data. Understanding by Design is a curriculum development framework. Thousands of educators across the country use the Understanding by Design framework, created by Grant Wiggins and Jay McTighe, to get a handle on standards, align programs to assessments, and guide teachers in implementing a standards-based curriculum that leads to deeper student understanding and achievement. The skill of using UbD will continue to be developed throughout the year ahead.

## **AWARDS CEREMONY**

Our Semester One Awards ceremony was held here at the College on 27<sup>th</sup> July. It is always wonderful to see so many students receive an award acknowledging their efforts, commitment and achievement in their studies or in sport. This Year Elizabeth Grady from Mercy Works was our special guest who reminds us that in this Year of Mercy the challenge for us as a Catholic community is to imbed the attitude of mercy into our works and actions in all our relationships.

## **PARENT LEARNING FORUM**

This term we will again invite parents and caregivers to our Parent Learning Forum on 6<sup>th</sup> September from 7pm to 8pm. As part of our evening parents will have the opportunity to choose workshops to attend to support their child's learning at home exploring skills and strategies that are also used in the classroom.

**Mr Jason Scanlon**

**Assistant Principal - Innovation Teaching and Learning**

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# *Director of Studies*

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Trial HSC Examinations commence Monday, 1<sup>st</sup> August. We wish all Year 12 students well in their studies and preparations toward the HSC.

A reminder to all students that mobile phones or other electronic devices are not to be taken into the La Valla Centre.

Also any student who is ill or any other form of misadventure MUST:

1. Obtain a medical certificate
2. Complete the online form
3. Upload the medical certificate or mail it to Ms Ellison ([tellison@parra.catholic.edu.au](mailto:tellison@parra.catholic.edu.au)).

**Ms T. Ellison**

## YEAR 12

**HSC Trials:** The HSC Trials commence on Monday, 1<sup>st</sup> August and conclude on Monday, 15<sup>th</sup> August. As Sydney traffic can be heavily congested in the morning, students should plan their trip to arrive well in advance of the start times for morning examinations. No student will be granted extra time if they arrive late for an examination.

Students also need to wear correct full winter school uniform and ensure they comply with College grooming requirements. If students have returned their permission slip they are allowed to leave school to go directly home after a morning exam and may arrive at school just prior to an afternoon examination. The College Library will be available for students to access during the school day and Wednesday Senior Study Nights will continue during the examination block.

These examinations will provide a good indication of how students are performing and provide insight into areas which need to be reviewed prior to the HSC Examinations in October. I wish students all the best and you will be in our thoughts and prayers over the coming examination period.

**Mr D. Bonora**  
**Pastoral Leader of Learning - Year 11**

## YEAR 11 RETREAT

**Monday 8<sup>th</sup> August, 2016 - Wednesday, 10<sup>th</sup> August**

Please note that our Year 11 Retreat falls on Census night. Please refer to letter below from the Australian Bureau of Statistics regarding how to account for your Year 11 son/daughter on Census night.



Dear Parent or Guardian:

### School camps on 2016 Census night

The 2016 Census of Population and Housing will be held on Tuesday 9 August 2016. It is a moment to pause and help shape Australia's future. The Census takes a 'snapshot' of Australia on Census night, collecting vital information to plan and allocate services, facilities and funding, including in the area of education.

To make sure that everyone is counted once and only once in the Census, please ensure that you include your child on the Census form as if they were home on Census night, even though they are on a school camp or an overnight excursion. Your child will not be counted at the camp.

Any adults accompanying students on the camp or excursion, including teachers or parents, will complete a Census form for themselves at the camp or excursion location. A Census Field Officer will arrange for delivery and collection of the Census forms for the adults to complete.

If one adult of the household is away at the camp or excursion, and another adult is at home; **do not count** the adult that is away as they will complete their own Census form at camp. **Do count** your child as if they were home.

Thank you in advance for helping us to make the 2016 Census a success.

Yours sincerely,

A handwritten signature in black ink, appearing to read "Duncan Young".

Duncan Young  
Program Head  
2016 Census of Population and Housing



## YEAR 10

### Brent Sanders Seminars

On Monday 25<sup>th</sup> of July, all Year 10 students experienced seminars with Brent Sanders. Brent has spent time in the police force, and now lectures to students from high schools and universities. Brent's main focus is harassment, conflict, decision-making and self protection. In his 20 years experience, Brent has lectured to over 500,000 students across Australia.

Brent is certainly engaging and his seminars with the boys and then the girls, were well received by the students. There were opportunities for questions and discussion, and all students benefited from his expertise and knowledge.

I want to thank all students for their behaviour and attitude towards Brent's seminars.

**Mr S. Belcher**

**Pastoral Leader of Learning - Year 10**

## YEAR 8

Welcome back to Semester Two for Year 8 students and families. This term is going to be another busy term with lots happening in every lesson, extra curricula activities, sport and College events.

In homeroom recently, Year 8 students have had the opportunity to vote for the new Class Captains and Vice Captains to represent their Homeroom group for Semester Two. Students who are voted in will be announced in the coming week and will receive their badges at the next College Assembly.

Keeping Track is continuing again this term and will be on every Wednesday afternoon from 3.20 – 4.15pm in B111 for Year 8 students and B110 for Year 7 students. Keeping Track is an opportunity for students in Year 7 and 8 to receive assistance from teachers and our senior students in managing homework, assessment tasks and class work. Students are encouraged to take advantage of this opportunity to ensure that they are 'on track' and meeting the demands placed on students in their junior years. Students needing extra help in mathematics are also encouraged to attend as we have Maths Club running with our senior students at the same time.

**Mrs A. Papoulas**

**Pastoral Leader of Learning - Year 8**

## YEAR 7 - CONGRATULATIONS

### Annalise Kemp (7 Chavoin)

Annalise has been selected to play for a Promotional Softball NSW team and compete in the U13 Japan Elementary School Tournament in August. Sixty girls trialled for the team and Annalise was successfully selected. Annalise will play in Biwako, Kyoto, Osaka, Hiroshima and Tokyo. Good luck Annalise!

### Chris Warrak (7 Mackillop)

Chris has a passion for dancing and being a rapper. Chris is part of a dance crew called NO FLEX and the crew recently entered a Hip Hop Battlegrounds Competition. Over 20 crews participated in this competition and NO FLEX were awarded First Place. The crew were also awarded Most Inspiring Team, Most Popular Team and Director's Choice. Well done Chris and good luck at Nationals in September!

**Miss Mollace**

**Pastoral Leader of Learning - Year 7**

## HIGH SUPPORT NEEDS CLASS

### School's Environmental Partnership - "St Patrick's Green Thumb Project"

Last term the High Support Needs Class put in an application for the above grant funded by the Parramatta City Council. Our proposal was to build an eco-friendly garden with natives, flowers, vegetables, herbs and citrus trees in our outside area, at the front of the school. We were absolutely delighted to receive one of the grants on offer! This week work began on clearing, weeding and preparing. Mr Murthi, from the Science department, came along and gave us some help, getting his hands and feet dirty along with the rest of us. Next week we will have some Year 8 Students coming along to help. Watch this space to see the garden grow!

**Mrs J. Wooster**



## TAS DEPARTMENT



### The Great St Pat's Bake Off

The TAS department are in search of the best cupcake designers at St Patricks Marist College. The competition is running this term with the winner being chosen by the school community in Week 7. All entries can be submitted to Miss Hutchinson or Miss Beauman by Week 6.

Happy baking!

**Design Club:** If you love designing and creating new projects, this is the club for you! The TAS team are running every lunchtime in the TAS block the "Design Club" for students to work on projects from class or something of their own choosing. Join us every Friday, meet some new people and create some awesome new projects. See you all there!

**Ms N. Hutchinson**  
**Leader of Learning - TAS**

## VISUAL ARTS

On Thursday the 21<sup>st</sup> of July Year 12 Visual Arts and Multimedia had their HSC Exhibition Evening. The Year 12 artists displayed an impressive amount of quality works with a wide array of themes and materials being investigated.

Drawing skills were confidently demonstrated by Stephanie Nam, Kobie Ross and Harry Wheeler, who used a combination of pen, pencil and graphic copic marker pens. Photographers Taylor Wingate, Eliza Ward and Jacob Federer investigated traditional and postmodern techniques whilst Michael Egan's digital series created an impressive mythical battle. Alexandria Tuite's paintings Sempiternal experimented with both abstract resin as well a traditional acrylic paint while Georgea-Mae Bampton's Animorphs series combined watercolour paint with pen illustration.

A large number of students are submitting "Collection of Works," this year which combine painting, drawing, photography or sculpture. Helaina Bayeh, Lina Kim, Anastasia Paspalas, Lucinda Rowe, Alisha Spinetti, Katerina Voutos, Lisa Wainiqolo, Natalie Yasmine and Anthony Young have all created stunning Collection of Works interpreting nature, culture, family and the environment. Congratulations to Kobie Ross who won the People's Choice Award for art and thank you to Ms Lawrence and Garry Stanwell and Rob Vaccari for helping to set up the art show. Well done Year 12 on all your hard work, it truly was an impressive night.

**Ms Edwina Brennan**  
Leader of Learning - Visual Arts



## SCIENCE

### Year 10 Forensic Science Workshop

On the 22<sup>nd</sup> of June, all of Year 10 attended the Forensic Science Incursion. Here we had a two period outline and hands on work with what Forensics deals with. At the beginning for the first 10 minutes, we were introduced to a Forensic Scientist who briefly outlined what she did, where and etc. After this, she revealed to us a mock murder case where we had to go through various levels of investigation to find out who killed the victim. She painted out the scenario and revealed the possible suspects. All of these suspects had specific links to the case and through our investigation skills, we had to identify the murderer. The room was split into 8 different sections which each had specific evidence where we had to recover information from for clues. For example, there was a section about autopsies. Here, we received some brief info about autopsies and using this knowledge, found out where the victim was shot, how he landed and the possible scenario. My group and I started here, so from there we understood how the victim fell and various information regarding the crime scene. We used this knowledge to go to other sections and connect the lines. For example, there was a section where the evidence from the scene was used. There was a sock from one of the suspects and the victim's glove. Here we used a UV torch to point out where the blood marks were and in what position on the evidence. From here, the corresponding information helped support our idea of the situation and was backed up from further investigation from the other sections. After everyone was done, we gathered all the information and found out who the murderer was, then we reenacted the scenario and using all the information found out why it happened. Overall, this incursion was honestly extremely enjoyable, and it truly provided great knowledge as to what Forensic Scientists deal with.

**Jonathan Nakad**





## Titration Competition

On Saturday 18<sup>th</sup> June, twelve Year 11 and Year 12 students along with Miss Hagarty and Mr Liu. travelled to Macquarie University to compete in the NSW Royal Australian Chemical Institute Titration competition. The students competed against schools all over NSW with the aim of the competition being to find the concentration of vinegar closest to 4 decimal places. At the conclusion of the competition, the students had the opportunity to talk with Professors and students from Macquarie University about future study opportunities.

The students are to be commended for their commitment to Chemistry and the competition having given up multiple Saturdays for training sessions at school.

Whilst we were unsuccessful in placing in the team competition, the individual results will be released next month.



## Science Forum

Congratulations to Nathan Long of Year 11 who has been selected to participate in the National Youth Science Forum in Canberra in January. The National Youth Science Forum (NYSF) is a 12-day residential program for students entering Year 12 who are passionate about Science, Technology, Engineering and Mathematics (STEM).

The NYSF program aims to show participants the wide variety of study and career options in STEM fields.

In STEM in action, students will be exposed to cutting-edge research and development, talking with researchers and practitioners, and learn what it means to be a scientist or an engineer. Through visits to laboratories in tertiary settings, students learn about the variety of ways that STEM is used in practice, and the range of careers that STEM study can lead to.

**Miss Sarah Hagarty**  
**Leader of Learning - Science**



## CHESS COMPETITION

On Thursday the 21<sup>st</sup> of July 2016, six teams participated in the MCS Chess tournament held at St Patrick's Marist College. Each team, comprising of three competitors, played a total of seven matches against opponents from other schools within the Parramatta Diocese. Our school performed exceptionally well with one of the Year 10 teams winning the tournament - beating Marist College Eastwood by half a point and the other placing fourth. Two Year 11 teams placed third and sixth respectively, while the Year 12 teams finished second and third.

I would personally like to thank Ms Liska, who organised the event; Mr Wondracz and Mr Makram for training the teams; and to Richard who conducted and adjudicated the tournament. It was a fantastic day made enjoyable by the teacher's dedication to the school and its members. I would also like to congratulate everyone who participated in the event for their sportsmanship and aptitude for chess.

**Eric Saba  
Year 10 Team**

The members of the teams were:

Year 10: Eric Saba, Jeremiah Hodgson, Brian Smith, Tom Hrast, Albert Hodgson, Tom Williamson and Zachery Bohan (Reserve)

Year 11: Jarod Cunningham, Tom Baek, Jesse Nguyen, Hyeon Kim, Seung Dong Lee, Anthony Lee

Year 12: Harry Wheeler, Bill Litsas, Christian Sheridan, Jerick Nubla, Cedric Cariaga, Lional Cruz

Congratulations to the following boys for their excellent individual results in the competition:

Eric Saba (Year 10) won 7 out of his 7 games.

Cedric Cariaga (Year 12) won 6 out of his 7 games.

Bill Litsas (Year 12) won 5 out of his 7 games.

Jeremiah Hodgson (Year 10) won 5 out of his 7 games.

**Mr M. Wondracz  
Mr A. Makram**



## COLLEGE ORATORY

This week the College held it's annual Oratory competition. Congratulations to the following students who were successful in winning the competition for their year group. These students will be representing the College at the Marist Oratory competition on Wednesday, 7<sup>th</sup> September at Marist College North Shore.

Year 7: Anthony Khatchigian

Year 8: Joseph Arabit

Year 9: Emma Gallagher

Year 10: Rebecca Ozer

Year 11: Joshua Khoudair

Our thanks to Catherine Azize (Year 8), Deanna Emerson-Vickary (Year 8), Dylan Emerson-Vickory (Year 8) and Matthew Brady (Year 11) who stayed after school and were an enormous help in setting up. Thank you to the staff who assisted as adjudicators for the night: Mr C. Lindsay, Ms S Duffy, Mrs A. Harney, Ms S. Graham, Mrs C. Franke, Mrs K. Martin, Mr D. Moussa, Miss S. Hagarty and Mrs L. Pett.



## Sport

### SPORT NOTICES

All Weekly Sport Announcements will now be sent to students via email on a twice weekly basis. Students, particularly MCS & MCCS Representative Teams, are reminded to check this regular email sent by Miss Liska for details of games and sport each week. Special Sport Announcements will continue to be announced over the morning PA, as well as uploaded on the College website & SkoolBag app.

**Miss D. Liska**

### STAFF STUDENT VOLLEYBALL

The last day of Term 2 saw staff and Year 12 students compete in a volleyball match for the prestigious Staff V Student shield. This is a yearly event that consists of four different sports – Touch Football, Volleyball, Netball and Soccer that are contested between Year 12 Students and Staff.

The game was played in fantastic spirits, with a wide range of Year 12 students and staff competing. Staff were victorious on the day taking out the match 2 sets to love and in doing so, retaining the Staff V Student shield for another year. Thank you to all those who made this event so enjoyable.

**Mr J. Hornby**





## MARIST NETBALL CARNIVAL - SALE, VICTORIA

On the 19<sup>th</sup> of June, myself along with Morgan, Darcy, Annabelle, Rachel, Madison, Rebekah, Paige, Kimberly and Sarah, arrived at the airport for an early morning flight to Melbourne. After a few McDonald's stops throughout our five-hour bus trip, we finally arrived in small country town Sale, for the commencement of the 2016 Marist Netball Carnival. The Commencement Mass welcomed many Marist schools from around Australia, initiating the good sportsmanship and Marist spirit that we would be seen both on and off the court for the following three days. All the teams mingled before the competitiveness began, and a true sense of what being Marist is about was clearly evident as a sense of kindness and family spirit was shared. After a good rest, we began the competition, involving a tiring eight games of netball each day. Although we faced some tough competition, we worked hard and despite a few injuries, we had great fun and successfully made it 5<sup>th</sup> place in our division. We shared a great few days away, getting closer as a team and sharing the love we have for netball. I would especially like to thank our coach Mrs Mikhael, and our manager, Miss Carne for giving up their time to look after us, and for cheering for us on the sideline! Overall, we all had an amazing time, not only playing the sport we love, but representing our Marist community and meeting other Marist girls from around Australia!



**Chloe McIntosh**

## MCCS YEAR 10 NETBALL



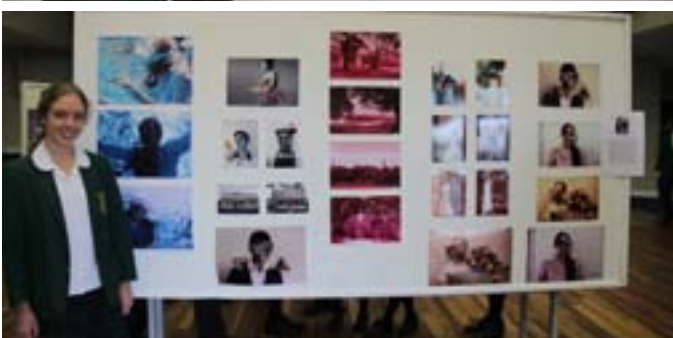
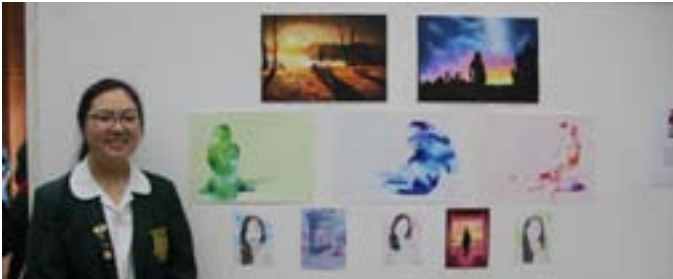
### Grand Finalists

On Thursday 30<sup>th</sup> June after a nail biting semi final, the Year 10 MCCS Netball team were able to put in an outstanding performance defeating Trinity in the Grand Final 32-10. All girls across the court gave it 100% and did themselves and the school proud. Thank you for everyone who came out to support us and a special thanks to Mrs Papoulias for being a great coach and leading us into the Grand Final.

**Sarah Brown**  
**MCCS Year 10 Netball Captain**



# Visual Arts Major Works



*The first Marist Brothers arrived in Australia on the 'Star of Peace' on 21<sup>st</sup> February, 1872. On the 8<sup>th</sup> April, 1872, school commenced at St Patrick's. Our Newsletter is named, 'Star of Peace', as it too, hopefully, brings peace and good news to our community.*



# P&F 2016 Trivia Olympics

**Saturday, 13<sup>th</sup> August 2016**



VENUE: La Valla Centre @ St Patrick's College  
TIME: Arrive 7pm for 7.30pm start til 11pm  
THEME: General knowledge trivia – all skills levels welcome  
DRESS: Olympics - wear your favourite team/sport supporter gear  
COST: \$10 per person + gold coins – **Adults only – No students**  
TABLES: Teams of 8 – 10\* people per table. Prizes for best dressed table  
BYO: Drinks, nibbles & table decorations. Tea & coffee provided  
RSVP: Monday 8<sup>th</sup> August to [helen.gosper@bigpond.com](mailto:helen.gosper@bigpond.com) OR 0419 22 00 74



Compete for some serious bragging rights with your friends.  
All monies raised will go towards providing shade for the bus bay



\* if you are not able to fill a table, we will help fill one for you – individuals welcome ☺

**Please return with payment to school office by Monday, 8<sup>th</sup> August 2016**

Your name: \_\_\_\_\_

Your child's home room: \_\_\_\_\_

Table captain name: \_\_\_\_\_

Your email: \_\_\_\_\_

Your mobile number: \_\_\_\_\_

No of people: \_\_\_\_\_ Amount enclosed (\$10 per head) \$ \_\_\_\_\_

Payment to the school office in an envelope clearly marked *Trivia Night* **and** your name via:


- cash or cheque (payable to Marist Brothers Dundas P&F)
- direct deposit - Marist Brothers Dundas P&F BSB: 062161 | A/C No: 28019432 (please include your name as reference)

Enquiries: [pandfstpatsdundas@gmail.com](mailto:pandfstpatsdundas@gmail.com) OR Paul: 0409 990 568 OR Helen 0419 22 00 74

# Community News

## SIDE BY SIDE: BRINGING FUN BACK TO FAMILY!



 Like us on facebook: 'Side by Side Project UTS'

*Do you feel like you have run out of answers for parenting your child?  
Are you feeling stressed and overwhelmed?*

The Health Psychology Unit, UTS is offering a **free treatment** research program for families who have children with behavioural problems.

Clinical psychologists from the Unit located near Royal North Shore Hospital will see families with children aged 7–14 for up to 16 sessions.

For more information please contact Dr Rachael Murrihy on **9514 4077** or at [Rachael.murrihy@uts.edu.au](mailto:Rachael.murrihy@uts.edu.au)

[Website: www.uts.edu.au/research-and-teaching/our-research/health-psychology-unit](http://www.uts.edu.au/research-and-teaching/our-research/health-psychology-unit)



## HOLY NAME OF MARY PARISH RYDALMERE

**KEEP  
CALM  
AND GO TO  
YOUTH  
GROUP**

**Attention Years 7 & 8** - Holy Name of Mary, Rydalmere - Youth Group

**Saturday 6<sup>th</sup> August**, in the Parish Hall (on Myrtle St, Rydalmere opposite the Church) following the 5.30pm vigil mass and going until 8pm.

Parents—it's a free night and will be held on the 1st Saturday night of each month. We subscribe to The Edge program.

If you have any questions please email Anne-Marie Hewkins ([ahewkins@yahoo.com](mailto:ahewkins@yahoo.com)) or contact Fr Peter in the Parish office.



CATHOLICCARE SOCIAL SERVICES DIOCESE OF PARRAMATTA PRESENTS

# Faith in *Marriage*

SEMINAR 2016



**KEYNOTE SPEAKER: SOPHIE YORK**  
Barrister and Spokeswoman for Marriage Alliance,  
will speak on the Topic of

*'the Beauty & Joy of Marriage'*

**SPEAKER: BEN SMITH**

Director of the Family and Life Office will speak on  
*'the Pope Francis apostolic exhortation  
The Joy of Love (Amoris Laetitia)'*



## FRIDAY 26 AUGUST

St Paul the Apostle Parish, 40 Buckleys Rd, Winston Hills.  
Commencing at 7.30pm and concluding with a light supper.

Register attendance by  
emailing [marriage@ccss.org.au](mailto:marriage@ccss.org.au) or  
phone Lyn (02) 8822 2222





**WEST RYDE ROVERS  
CRICKET CLUB  
2016/2017  
IMPORTANT NOTICE**

**The new cricket season will start in mid-September.**

**We offer great opportunities to play cricket at many levels:**

- **Milo in2CRICKET for boys and girls 4-7 years**
- **Modified games for Under 8-9 boys & girls**
- **Under 10-16 competition for boys and girls**
- **Junior girls-only teams**
- **Senior teams**

**For details and to register ONLINE go to**

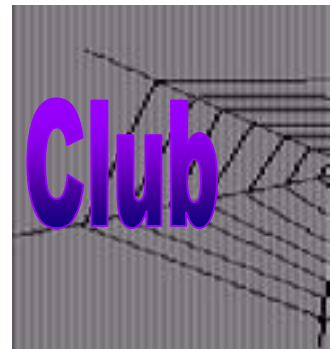
**<http://westryderoverscc.nsw.cricket.com.au/>**

**Please don't hesitate to contact us  
if you have any questions:**

**Phil Mundy (Club Secretary)  
email: [secretary@wrrcc.com.au](mailto:secretary@wrrcc.com.au)  
Tim French (Registrar)  
email: [registrar@wrrcc.com.au](mailto:registrar@wrrcc.com.au)**

# Dundas Central Netball Club

“Fostering Young Ladies in Sport”



Are you interested in playing Netball next year?



Calling on Players for 2017

Are you aged between 8-13 and want to play a team sport

Love being outdoors

Do you like being part of a team?

Do you want to learn new skills for life?

Registration is in November 2016 for 2017 season

Contact Pete or Sue via our Facebook page @  
Dundas Central Netball Club







## ENGAGING ADOLESCENTS™ PARENT COURSE

*Parenting skills for resolving teenage behaviour problems*

A three-session program for parents and carers  
at St Mark's Catholic College, Perfection Drive, Stanhope Gardens  
on Thursday evenings of 11<sup>th</sup> August, 18<sup>th</sup> August and 25<sup>th</sup> August 2016  
from 6pm – 8pm.

### Learn:

- ✓ Some common ground shared by parents & reasonable expectations to hold about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self check in, first – for parents.
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

### Registration

The course costs \$10 per parent/couple/carer(s) to cover the cost of the parent workbook (only one required per family). This workbook will be available for purchase on the night.

**Register for this course by contacting St Mark's College office on 9852 0500**

#### What parents have said...

*A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.*

*A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case*

- An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentscape® licensed practitioner. [www.parentscape.com.au](http://www.parentscape.com.au)

# **FREE HOMEWORK HELP**

## **@ Dundas Library**

### **K – Year 12**

**2nd & 4th Thursday of every month**

**5.30pm-7.00pm**

*School term only and excluding public holidays*



**Dundas Library**

**9806 5960**

**21 Sturt Street | Telopea**



**[www.parracity.nsw.gov.au/library](http://www.parracity.nsw.gov.au/library)**

# Pre-HSC Trial English TUTORIAL sessions

Parramatta  
Library

Presented by Frances Russell-Matthews *HSC study guide writer*

**STUDENTS DO YOU NEED HELP WITH YOUR  
ENGLISH ESSAYS, CREATIVE WRITING TASKS &  
OTHER ENGLISH ASSIGNMENTS OR QUESTIONS?**

Bring along your essays & questions relating to your work and an experienced tutor will mark and help you to improve your work and make sure that you are prepared for your English Trials!

**14 June - 30 August** every tuesday

book online

<http://j.mp/PCLHSC Tut>

**5pm-7pm**

\$5 per  
session

CITY OF PARRAMATTA LIBRARY  
CONNECT | PARTICIPATE | LEARN





## PARENT LINE NSW

Newly launched, the Parent Line is a unique telephone and online counselling and support service for parents and carers.

We cover issues with babies, children and young people up to 18 years of age, all over NSW. Our counsellors are professionally trained and specialise in working with families.

Contact us 7 days a week on 1300 1300 52 or at [info@parentline.org.au](mailto:info@parentline.org.au)

**AUTUMN 2016**

find us on 

# Parent Line

NSW

Newsletter for High School parents



## Parent Line

is a unique telephone and online counselling and support service for parents and carers. We cover issues with babies, children and young people up to 18 years of age, all over NSW. Our counsellors are professionally trained and specialise in working with families.

## What do young people need?

Lots of recent research shows:

- ★ Young people want to talk about tough issues with family
- ★ Young people also need to learn how to stay safe.
- ★ Young people respond best to parenting that is not unduly harsh but neither is it unduly lenient
- ★ Young people want parents that are available to them even if they don't talk to parents that much

Not sure how to navigate these needs and wants? Our counsellors can help find strategies that best fit with each family and engage parents and young people more positively.

## 5 signs of a healthy family

While every family is unique, researchers find there are common signs of healthy families:

- ★ Members are committed to one another
- ★ Families engage in positive communication
- ★ The family spends significant time together
- ★ Members show affection to one another
- ★ The family actively engages together to resolve crises peacefully.

Our counsellors can help families develop these ways of being together. Simply call us on 1300 1300 52 or email a parenting question to [info@parentline.org.au](mailto:info@parentline.org.au).



## Only the best will do

Parent Line counsellors use research-based understanding of young people and families together with proven parenting strategies to help parents develop more positive relationships with young people. We support parents to find strategies that best work for their family and we provide thousands of referrals every year to services all over New South Wales.

## concerns in 2015

Last year we were most often asked about:

- 1 Mental health
- 2 Reducing parent/young person conflict
- 3 Technology
- 4 Poor relationships and bullying
- 5 Impact of parental separation and family violence

**NEW**

## Parent Line ONLINE

We want to make it as easy as possible for busy parents and carers to connect with us and obtain the information they need. We now have Online Counselling via our website at [www.parentline.org.au](http://www.parentline.org.au), you can email us a question using [info@parentline.org.au](mailto:info@parentline.org.au) or find us on Facebook for our latest tips and useful research.



7 days a week

**1300 1300 52**

[info@parentline.org.au](mailto:info@parentline.org.au)

[www.parentline.org.au](http://www.parentline.org.au)