



St Patrick's Marist College

Catholic Education in the tradition of St Marcellin Champagnat

Star of Peace

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Number 8

1st June, 2016

From the Principal

Dear Parents, Staff, Students and Friends,

Last week we celebrated Champagnat day with a Mass presided over by Father John Paul Escarlan and Fr Chukwunonyerem Akamadu. We were so proud to award our inaugural Champagnat Service Awards. These awards are aimed at bringing recognition to individuals in each year group and members of staff who have distinguished themselves by demonstrating exemplary service to all facets of school life at St Patrick's Marist College, through service which may extend beyond the College. This individual has revealed the values and principles upon which St Patrick's Marist College was founded in 1872, *Esto Fidelis – Be Faithful*. We congratulate these very worthy recipients for 2016. Students: Nathan Taverniti, Mathew Wahbe and Jackson Bowden. Staff: Daniel Moussa and Sarah Hagarty.

Last night we held our second Parent Forum. We had 4 short workshops on Numeracy, Literacy, Google Classroom and the iPad. I thank all the parents that attended. Your participation and questions were greatly appreciated. Parent partnership in learning is key to giving our young people every chance of success. We will be running some of these workshops again next term with some additional workshops based on your suggestions. A special thank you to Mr Scanlon, Mr Waddell, Mr Makram, Ms Hagarty, Mr Woelfl, Mr D'Arcy and Ms Appleby for presenting to our parents. A reminder you are always welcome to email through suggestions, ideas or concerns at any time.

Yesterday we hosted a Cluster meeting with three other schools from our Diocese, where we shared our goals and learning so far this year. I would like to pass on the wonderful feedback from our visitors who were so impressed with our students. Our students are articulate, polite and very welcoming. Our visitors had the chance to do some learning walks where they observed our students in action in the classroom. We have always had a proud history of high expectations and success for all students and I congratulate all of our students for continuing to make St Patrick's Marist the excellent school that it is.

I was very thankful this week when a parent brought to my attention the number of books our Year Seven's are bringing back and forward to school. I have reminded both teachers and students that only hard copies of text books that are not available on the iPad are to be brought to school. I noticed on some visits to Year 7 Homerooms that some students are bringing every exercise book regardless of the lessons. We are investigating the possibility of having an alternate bag available that has better support. I will keep you updated.

Last weekend we heard the very tragic news of the 50 young people in Orlando whose lives were cut short. In talking with some of our students, they find it difficult to come to terms with such a terrible hate crime. The wonderful thing about being a part of a Catholic school is that we believe and teach that tolerance of those who are different from us is key to who we are. The invitation to those that feel marginalised is important. Through the course of our schooling we have opportunities to study other religions and cultures. This is so that we learn to appreciate their beliefs and understand that we can live together in harmony. We are blessed in Australia to have many wonderful people in our local communities from different cultures and religions that enrich those communities within which they live.

Mrs Angela Hay

Principal

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KEY DATES

Monday, 21st June

Year 8 into 9 Information Evening
(5.30PM)

Tuesday, 28th June

Year 11 Parent/Teacher/Student Interviews

Wednesday, 29th June

Term 2 Concludes

Thursday, 30th June

Years 7 and 8 Parent / Teacher / Student Interviews

Friday, 1st July

College Closed - Staff Formation Day

Monday, 18th July

Staff Inservice Day

Tuesday, 19th July

Term 3 Commences

Wednesday, 20th July

Year 9 Parent / Teacher / Student Interviews

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stpatsdundas.catholic.edu.au



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[facebook.com/St-Patricks-Marist-College-1549337335358979](https://www.facebook.com/St-Patricks-Marist-College-1549337335358979)



The Mission

of Marist schools is to lead young people in the way of Mary, to know and love God in the belief that they all can become good Christians and good Citizens.

CYBERWISE



Be safe. Be responsible. Be respectful.

Connectivity has become an integral part of everyday life and learning. As students communicate, collaborate, create and learn with online and digital tools, the need to educate students about responsible online behaviours has become more important than ever.

Launched today, Cyberwise is a Catholic Education Diocese of Parramatta cybersafety campaign aimed at providing a range of resources, policies, teaching strategies and tips to support young people nationwide in becoming discerning and responsible users of technology and social media.

Designed in collaboration with students and teachers from western Sydney Catholic schools, the Cyberwise video and website are valuable resources for all students, parents and teachers to encourage cybersafety.

Make sure to watch the empowering video below produced and created by students from St Mark's Catholic College, Stanhope Gardens. It is hoped that the video can be shared widely across social media channels.

<https://www.youtube.com/watch?v=QTNAIOJvuQs>

Watch Video

Tips for staying safe

Cyberwise is the go-to learning source for teacher and student strategies about using technology safely and wisely. Visit the Learning Exchange for more information. <http://www.learningexchange.nsw.edu.au/cyberwise>

Visit the Learning Exchange

DATE CHANGES

Following are important dates and changes to the calendar:

21st June, 2016 - Year 8 into Year 9 Information Evening (5.30pm)

30th June, 2016 - Year 7 & 8 Parent/Teacher/Student Interviews (10.00am to 7.00pm)

20th July, 2016 - Year 9 Parent/Teacher/Student Interviews (4.00pm to 7.00pm)

Business Manager

TERM 2 SCHOOL FEES

If you haven't paid your Term 2 school fees in full and are not on a payment arrangement they are overdue. Please organise payment as soon as possible. Reminder letters have been issued from the CEDP.

The College is happy to assist those Parents/Caregivers who require more time to pay off the school fees but you need to contact Ms Rolla Van Zeeland the School Fees Administrator on 9638 5644 immediately or email rvanzeeland@parra.catholic.edu.au.

Assistant Principal

LUNA PARK

Luna Park Day Out - Friday 24th June

We initially negotiated the cost of an "Unlimited Rides" ticket/band from \$52 down to \$28. Luna Park has now clarified with us that this reduction is only on a prepaid arrangement.

Therefore if students wish to purchase a prepaid "Unlimited Rides" ticket/band for \$28 they will need to hand this money (*in an envelope with a heading "Luna Park" and their name and Homeroom on the outside*) into the school by Friday, 17th June. This money will be receipted by the school.

Once this has been receipted by the school and paid to Luna Park it will not be refundable if the student is unable to attend on the day.

Mr W. Waddell
Assistant Principal - Pastoral

PARENT LEARNING FORUM

On Tuesday, 14th June thirty parents gathered in the College Library to participate in workshops aimed at supporting parents and caregivers with skills around Numeracy, Literacy and ICT.

Our workshops provided parents/caregivers with an opportunity to gain insight into the learning strategies and tools used in their child's classroom and to support their sons/and daughters further at home. A key focus for the whole College is Reading for Meaning, a literacy strategy which seeks to build students capacity in comprehension skills. Part of this strategy is the use of Thinking Note Keys as a tool for staff and students to explore texts, break it down and draw out it's meaning both explicit and implicit.

Technology is also another important aspect of our contemporary world and learning. ICT provides opportunities for students to explore, create and acquire knowledge and to then be understood. Tools such as Google Classroom provide staff and students with the ability to dialogue, explore and share ideas when at home and to contribute to online work. Parents and caregivers had the opportunity to look more closely at Google Classroom and also the iPad as learning tools to support and monitor student learning at home.

We thank Mr Makram, Miss Hagarty and Mr Woelfl for their facilitation of our workshops.

Mr J. Scanlon
Assistant Principal - Innovative Teaching and Learning



Director of Mission

Champagnat Week

When Cardinal Jorge Bergoglio, the future Pope Francis, read the title of Cardinal Walter Kasper's new book 'Mercy' at the most recent conclave he exclaimed; 'Ah mercy! This is the name of our God'. The title immediately resonated, as it described a God rich in mercy (Eph 2:4) and recognised the deep human need for people to experience it. No one is spared from difficulties, hardship, pain or suffering; and we share the desire for justice, compassion and love.

What does mercy look like? Perhaps it appears as a somewhat outdated word, even a bit soft or weak. Give me the strength of 'justice' instead! Or is it both? In scripture we see that the strength of God's mercy is experienced through the passionate cry for justice for anyone in pain or suffering. It is not a soft love but one that demands goodness and justice to be powerfully experienced through concern, compassion and genuine openness to others. Robert Barron writes: 'God is love. Mercy is what love looks like.'

We hear this message of mercy in parable after parable. Captured most simply yet profoundly in the story of the Good Samaritan, mercy is experienced when boundaries are crossed, when the stranger becomes known, and when the destructive unjust relationships of our world are brought back into balance. It is a story expressing the strength of mercy through courageous compassion and tenderness. It is a teaching story to help us understand something of what God's mercy looks like: it washes, cleans, heals and raises up. Mercy restores life...again and again.

Jesus' message of mercy in the parable is an encouraging one as it not only gives us a model of how to live as Christian disciples, but reminds us that mercy is offered to each one of us! It is an invitation to be open to God's mercy each day, a consolation we can then share with others (2 Cor 1:3f).

The Jubilee Year of Mercy is an invitation to open our hearts to the healing and restoring gift God offers. It is an invitation for our Marist communities to build a culture of mercy, taking up Pope Francis' challenge to make the mercy and tenderness of God visible through our ability to heal wounds and warm hearts. It is an invitation to wash, clean, heal and raise up. Life and balance is restored.

Our desire is to be a visible and permanent memory of the loving and merciful presence of God in the midst of people: living signs of the Father's tenderness.



Director of Studies

Key Dates for Year 8 Subject Selection Process: Information Evening Tuesday 21st June from 5:15pm (for collection of booklets); 5:30 - Classroom Visits; 6:30 - La Valla Centre

Elective Form returned by Monday 27th June. Early in Term 3: Students will be advised of their electives for Year 9 and 10

Parent / Teacher / Student Interviews

28th June (Tuesday) – Year.11 – 4pm to 7pm in Library. Reports available in the Library from 3.30pm on the day.

30th June (Thursday) – Years 7 and 8 – 10am to 7pm in Library. Reports available in the Library from 9am on the day.

20th July (Wednesday) – Year 9 – 4pm to 7pm in Library. Reports available in the Library from 3.30pm on the day.

Semester One Reports: Semester One Reports are now being finalised for Years 7, 8, 9. These will be available from the College one week prior to Parent Teacher Interviews if required. Year 11 Semester One Reports will be available for collection at the Parent / Student / Teacher evening on Tuesday 28th June.

Illness / Misadventure: In ANY case where a student is unable to complete an Assessment Task parents MUST complete the following TWO steps. This should be done and submitted within 24 hours of the student's return to school, if not before.

1. Complete the online illness/misadventure form found on the College Website: <http://www.stpatsdundas.catholic.edu.au/assessment>. Please give specific details of Illness / Misadventure. This includes cases where a student is on "school business", such as Representative Sport Gala Day.
2. Upload documentation to explain why the student is applying for misadventure. For illness, this can be in the form of a Parent / Guardian letter (Years 7-9) or Medical Certificate (Years 10-12). For other areas of misadventure a parent letter would normally suffice. This can be uploaded before you "submit" the online form or it can be emailed to myself, tellison@parra.catholic.edu.au. This should be done at the same time as the illness/ misadventure form is filled in.

It is most important that both step ONE and step TWO are completed. If both are not completed the student risks being awarded a zero for the assessment task.

Ms T. Ellison
Director of Studies

YEAR 12

A reminder that medical or other appointments should not be made during school time, including Thursday afternoons when the HSC and Beyond Careers Program takes place. On a related matter, commencing at the start of next term, Year 12 will be involved in exam preparation with their subject teachers on Thursday afternoons. This time will be invaluable for students so it is of great importance that students attend.

Also, many dedicated teachers are offering additional assistance to students outside lessons by assisting at Wednesday Study Nights, Art Club, during their 'break time' and in the upcoming school holidays. My hope is that students appreciate the dedicated efforts of their teachers who are working so hard to ensure that students can maximise their learning and their future career options. The students are fortunate to have such a committed staff.

Congratulations to Jayden Bonnici who has made the NSW Under 20s Water Polo squad. Well done Jayden.

Mr D. Bonora
Pastoral Leader of Learning - Year 12

YEAR 10

Congratulations to Louise Bonthron (10 Chavoin) who won "The Great Aussie Shootout" Competition last year for the The Great Aussie Bushcamp. As a result, she has won a day out for herself and nineteen other Year 10 students. These select students will be going for a special pastoral day at the Great Aussie Bushcamp on Tuesday 28th June. Permission notes to go out shortly.

As subject selections come to a close, and class lines are created, students are reminded that any student who is leaving St Patrick's Marist for further education elsewhere need to bring in a note from a Parent / Guardian explaining where they will be attending next year.

Mr S. Belcher
Pastoral Leader of Learning - Year 10

YEAR 8

In Pastoral Care lessons so far this term, Year 8 have been focusing on the social and emotional learning skills of confidence, getting along and persistence. In Homeroom classes, students have had class discussions and have undertaken a variety of activities looking at personal strengths and weaknesses, conflict management and identifying difficult and impossible tasks.

"Keeping Track" has again been very successful this term. The Year 8 students have been lucky to have Year 12 and Year 10 students help tutor them in the afternoons in a variety of their subjects. "Keeping Track" is on Wednesday afternoons from 3.20 – 4.15pm.

Congratulations to Ava Goharinasab in 8 Chavoin for competing in Gold Coast Open Taekwondo competition last month. Ava spent 2 challenging days competing in 3 different fights. Ava won a gold medal in the 47 – 50kg division for cadets.

Congratulations to Bernhard Tandean in 8 Chavoin who won a Silver medal in the National Judo Championship in Geelong early this month.

Mrs A. Papoulias
Pastoral Leader of Learning - Year 8



Curriculum

YEAR 11 CHEMISTRY EXCURSION

On Thursday, 2nd of June, the two HSC Chemistry classes, along with Miss Hagarty and Mr Liu, embarked on an journey to discover exactly how and where the water from our taps originates. This excursion covered content from the HSC Chemistry topic “Chemical Monitoring and Management” and allowed us all to understand through a hands-on, real world experience how exactly our water is cleaned and transported (instead of only reading about it in a textbook). One of the earliest things we learnt from a short tutorial we took part in, is that our tap water only costs \$2.20 for 1000L and has stricter safety requirements than even more expensive bottled water. After, our group leader lead us on a tour around the water plant at “Orchard Hills Water Filtration Plant”. We scaled various structures and once at the top we could peer down through metal grates and gaze at masses of water running through this massive purification system. The whole purpose of our chemistry topic is “Chemical monitoring and management” and hence, there was various signs and information given to us about the different chemicals added to our water to make it safe. The acidity, turbidity and temperature of every drop of water is regularly measured to ensure an excellent product for all of Sydney. The entire process from raw water to drinking water encompasses 11 steps such as the coagulation and flocculation of heavy metals, disinfection and fluoridation. Finally, we took a trip to another part of the facility, “St Mary’s Water Recycling Education Centre”. Here the water is removed stripped of everything else in solution to leave behind simple H_2O . Pure water, however, it is not for us fellow consumers but instead to be pumped back out into our rivers and clean our water of pollution and virus’. It was fascinating to see Sydney Water’s commitment to not only producing water for us but working towards a cleaner environment. Overall, we learnt how lucky we are to live in a country where drinking water straight from the tap is not only cheap but some of the safest water in the world due to how tightly it is monitored and managed.

Nathan Taverniti



HIGH SUPPORT NEEDS CLASS

On Wednesday, 1st June, the Stage 4 students from the High Support Needs Class went on an annual Multi-Sports Day excursion to Tara Anglican School. Along with more than 100 other students from schools all around Sydney, the students got to play some great sports as part of a group such as cricket, rugby and tunnel ball. They also got to try out various individual activities on the gym equipment requiring dexterity and balance. Everyone had a BBQ lunch to re-energise. The students had a great day and enjoyed the chance to meet new people and try different things.



LEADERS GOVERNMENT HOUSE EXCURSION

On Thursday, 2nd June, three of our Senior Student Leaders and myself took part in a Leadership excursion run by Parliamentary Education. Students from schools all over NSW were in attendance. Throughout the day, we were given the opportunity to listen to various Members of Parliament telling us about their role as a politician. We also met our Parramatta MP, the Hon. Geoff Lee, who showed us his office in the Parliament. We were given a tour of the Sydney Parliament House and sat in parliamentary sessions. In the afternoon, we walked to the NSW Government House where we met the Governor of NSW, his Excellency the General David Hurley and were given a tour of the house and its stunning gardens. We feel privileged to have been part of this fantastic day, which has even given political aspirations to our very own school captain Alexander Ishac.

Cécile Dunston
Senior Leaders Mentor

D



YEAR 10 ENGLISH INCURSION

Over the course of Term 2, Year Ten have been studying war through poetry and songs. With this, we have explored various perspectives on war such as the romanticism of war and anti-war viewpoints.

On the 7th of June Year 10 were lucky enough to view Brett Hunts's one-man melodrama 'Fightin' the Kaiser', a performance which included songs, poems, letters, reportage, and reminiscences of the ANZAC's in WW1. Brett plays 'Gassy', a vet who was gassed in WW1 and now inhabits a veteran's hospital. Through his larrikin humour and songs accompanied by the ukulele, he reminisces on WW1 along with 'YoungTippen', his best mate who was killed in ANZAC Cove and whose picture now remains on his bureau. He touches on their experiences such as recruitment in Sydney, their mischievous activities in Egypt, their trials and tribulations on the 'Dardanelle's and the horrible tragedy that was the Western Front. The drama was composed using primary sources meaning every story used in it came from the real life experiences of the soldiers.

Although there were humorous moments, the performance really reflected upon the hardships that soldiers faced in WW1 such as losing friends and family, killing, and the casualties caused by it. The drama really gave us a chance to think of how awful it must have been for those young Australian men and what it would be like if we were put in their shoes.

Overall, it was a wonderful experience that all of Year 10 enjoyed. As well as educational, it was a fun experience for everyone and a performance no one will forget.

Lauren Pocknall

YEAR 8 ENGLISH EXCURSION

On the 7th of June 2016, all Year 8 students were lucky enough to watch an outstanding performance production called "Shakespeare's Women". The performance focused on Shakespeare's most notable plays and his wonderful women characters. Some of Shakespeare's women included in the production were: Juliet, Lady Macbeth, Lady Olivia, Cleopatra, Ophelia, Portia, Helena and many more.

The actors took us on a magical ride through the world of Shakespeare's plays! We sat in amazement and in a state of constant laughter. Although the Shakespearean language was hard to understand at times and some parts were too fast to catch on, if you listened carefully enough you could hear the similarities and differences between Shakespearean and modern day English.

The language used in the performance was amazing, but the costumes were even better! They did not use full body ensembles, but wardrobes consisting of head pieces, jackets, and scarves. At one stage, while one of the actresses was introducing the next story with her Shakespearean hat, the other had her back to us and was changing into her next character's costume. At another point, one actress would tie her hair up and put a hat over it to look like a boy, or throw on a dress or skirt over her already black clothes. Even though their changes would be as simple as a hat or a flower crown, they would instantly become a whole new character with the change of one dress piece. This helped us learn more about each of the characters; their varying personalities and motivations.

We went into this incursion not knowing much about Shakespeare as we have only just begun our study of his wonderful plays. However, we certainly left this incursion knowing more about Shakespeare, his characters and language than we could ever learn from a textbook because of the dramatic performance. We also developed a greater love for live drama!

Catherine Azize



ARTIST OF THE WEEK

Georgea-Mae Bampton

Our artist of the week this week is Georgea-Mae Bampton. She explains "my artwork is about how people imagine and dream their own reality consisting of mythical creatures and anthropomorphism. I have been inspired by the artists Caitlin Hackett, Olga Noes, James Gleeson and Cherry Hood." Georgea-Mae creates her work using a combination of animals and people. Once her lead pencil design is completed she applies layers of arbitrary watercolour. She enjoys experimenting with the mixing of vibrant colours and creating the illusion of depth through tonal contrast.

Edwina Brennan

Leader of Learning Visual Arts

PERFORMING ARTS

Want to learn the drums?



Come take advantage of the St Patrick's Marist Dundas Music Program and learn the drums with Russell Crawford. Russell is a professional drummer and has toured Australia and overseas with household names such as Josh Pyke, Richard Clapton, Russell Morris, The Beatnix and many more. Russell has been teaching for over 15 years and is currently the drum tutor at St Patrick's Marist Dundas.

Learning the drums can be a great place to start your musical journey. Every instrument requires a good understanding of rhythm and timing. Your music grades will improve as you learn a variety of styles from rock, funk, jazz, latin..... You will learn the correct technique, how to read music and with a focus on playing music Russell will have you playing like a pro in no time.

Lessons are \$36 per ½hr and are held at school. Contact Russell Crawford on his email: russellc82@yahoo.com.au or see Ms Andrews in the Music Block for further details or email: tandrews2@parra.catholic.edu.au.



DEBATING

Year 12 Debating

Congratulations to the Year 12 Debating team (pictured L-R: Jerick Nubla, Alexander Ishac, Sasha Sugita, Georgina Gibson, Nathan Taverniti and Jackson Bowden) on their successful completion of the main round of the CSDA Debating Competition undefeated. We wish them the very best of luck as they enter the elimination round against St Andrew's next Friday, 17th June, here at the College. Anyone wishing to come and watch the Debate is more than welcome - 7:30pm 17th June, School Theatre.

Miss S. Hagarty
Year 12 Debating Coach

Careers

There is a lot happening in the next couple of weeks in Careers. Remember 24/7 Career advice is available from MHS Careers if I am unavailable.

Upcoming School Events:

9th June: Year 12 HSC and Beyond - Sydney University, UTS and Bedfield College visit

10th June: Years 11-12 Lunch Talk: IT and Design at UTS - and the BIT (Bachelor of IT) Scholarship program

16th June: Year 12 at Western Sydney Careers Expo 11:15 - 2.00pm

17th June: Years 10-12 are invited to collect tickets from Mr Bonora for Western Sydney Careers Expo for free entry on the weekend.

The students were sent the June Newsletter last week. Please visit the College website to access the complete document (sample document attached to this newsletter).

Miss R. Lawrence
Careers Advisor

2016 HEAD START IN BUSINESS PROGRAM.

This program is new for 2016 and is a joint program between the University of Notre Dame Australia (UNDA) and CEDP. It will be available for current Year 11 Preliminary and Year 12 HSC candidates.

It provides for Year 11 Preliminary and Year 12 HSC candidates to gain credit for up to two university modules of an undergraduate Business Degree while still at school. There is no cost to the student for the program and could save the student tertiary fees for 2 modules.

The two modules offered for credit are:

1. Economics
2. Quantitative Methods for Business.

Applications will only be considered from students who attend the Information Evening on Wednesday 20th July from 6.00 - 7.00pm at the Cathedral Hall, St Patrick's Cathedral, Victoria Road, Parramatta. Interested students must be accompanied by at least one parent or guardian.

Please see following flyer or contact the Careers Advisor, Miss R. Lawrence for any further information.

2016 Information Evening

Wednesday 20th July 2016
6.00-7.00pm

Cathedral Hall
St Patrick's Cathedral
Victoria Road, Parramatta

BUSINESS

Information Evening - Wednesday 20th July 2016

Application Form to your Principal
by Friday 29th July

Application Forms forwarded by Principal to the CEO
by Friday 5th August

Notification of Application Outcome
by Friday 12th August

Return offer letter of response to CEO
by Friday 19th August

Accelerated Learning Program commences
Tuesday 4th October 2016

A JOINT PROGRAM BETWEEN THE
UNIVERSITY OF NOTRE DAME
AUSTRALIA AND CATHOLIC EDUCATION,
DIOCESE OF PARRAMATTA

A Head Start in Business

Secondary Students HSC
Study Link Program 2016





**CATHOLIC EDUCATION
DIOCESE OF PARRAMATTA**

**Patrick Barritt
Manager Programs (Special Purpose)
Locked Bag 4**

**Phone: (02) 9407 7070
Fax: (02) 9407 7023
Email: pbarrett@parra.catholic.edu.au**



You could be just twelve hours away from three UAC bonus points!



MACQUARIE
University

Macquarie University's Big History Scheme rewards student commitment to learning by acknowledging completion of the Big History: Connecting Knowledge MOOC (Massive Open Online Course). Available through the Coursera Platform, students who verify completion of this course will receive three bonus points on their UAC rank to study a bachelor degree with us.

Big History: Connecting Knowledge, is a 12 hour self-paced, independent study course that can be completed by students in Years 10, 11, or 12. It develops skills in problem-solving and critical thinking that will optimise student performance in senior years across all subjects and prepare them for tertiary studies.

How to apply: Students must enrol in the Big History: Connecting knowledge MOOC. Following enrolment, students will receive an email from the Big History: Connecting Knowledge team with a link to an online form to register their interest in the Big History bonus point scheme.

Students must verify completion of the Big History Connecting Knowledge MOOC by obtaining a Coursera verified certificate for the course.

Students must apply to Macquarie University through UAC within three years of verifying their completion of the course to automatically receive three bonus points on their UAC rank for admission to study from a wide variety of bachelor degrees with us.

If you have any questions contact bighistoryinstitute@mq.edu.au or call (02) 9850 6410.

Sport

SENIOR B NETBALL

Rounds 4-6: St Patrick's Marist vs Trinity (R4), Bethlehem (R5) and John Paul II (R6)

Over the last three rounds, the Senior B team have continued to 'give it their all' in the spirit of the competition and in the name of the game, Netball.

Round 4 St Patrick's Marist played Trinity, which was an unbelievably difficult game due to the opposition's enduring physical strength and powerful, defensive game. Also, we relied on 6 players going into the game due to unexpected illness among the team members. However, in true Marist fashion, Carla Sheaves from the Year 9 team graciously filled in as our 7th player. We lost by a considerable number of goals but the Senior B team never gave up!

Round 5 gave us a win due to Bethlehem forfeiting the game to us. We were appreciative of the points and spent the time fervently supporting our Senior A team to victory.

Round 6 St Patrick's Marist played John Paul II and we did not stand a chance against an opposition GA, who stood over 6 feet tall and played like a professional Basketball player. However, once again, St Patrick's Marist never gave up and played well maintaining their sense of humour, energy and team work right to the final whistle.

Congratulations to the following girls who form the Senior B team:

Eleanor Dezius, Nicola Elias, Ashleigh Fairall, Jennifer Habib, Erin Hann, Sarah Knight, Abbey Lewis, Emily Morgan and Lillia Warner.

**Ms. Shannon Graham,
Senior B Netball Coach**



J U N E 2 0 1 6

Careers News

St Patrick's Marist College



mhscareers.com
My High School Careers

Resources to help you find your Career Path

DON'T FORGET: St Patrick's Marist College subscribes to both CAREERSWORKS and MHSCAREERS! Visit these resources through our [Student Careers Homepage](#).

MHS CAREERS:

Login: SPMC

Password: m345

CAREERSWORKS:

Password: start (all lower case)



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Community News



The Resilient and Mindful Teen Program (TRMT)

Resilience is the 'capacity to cope with change and challenge and bounce back during difficult times' (Mind Matters, 2005). Young people who are resilient have happy and fulfilling lives because they grow through challenging experiences rather than being damaged by them.

Adolescence is a time of challenge and stress. Teens are faced with stress: at school (such as performing well academically); socially (such as understanding the changing nature of relationships and "fitting in" or not "fitting in"); at home (such as the changing relationship with their parents as they seek greater independence and control over their lives); and in developing their self-identity (such as identifying who they are and who they want to be).

Our TRMT program focuses on teaching teens about stress and developing their skills in being able to cope with the obstacles they face. Our program helps young people to identify and develop positive ideas about who they are, what they can do and who they have to support them. The program also helps young people to identify their personal strengths and positive external factors in their lives that can help them to face and cope with adversities and to thrive in their daily lives.

The Program also focuses each session on teaching mindfulness strategies. This is a powerful way to assist young people to manage their stress by focusing on the 'here and now'.

The program runs for 9 weeks at a cost of \$75 per session. Medicare rebates are available if the young person has a mental health care plan. There will be two groups running in Term Three, a group for Grades 7-9 and a group for Grades 10-12.

If you are interested in the program please complete the below section and return to HMilk.

Name: _____		School Grade: _____		
Please indicate the group times you are available by ticking the available (A) or not available (NA) box.				
Tues 4-15	Tues 5-15	Thurs 4-15	Thurs 5-15	Sat 2pm
A <input type="checkbox"/> NA <input type="checkbox"/>	A <input type="checkbox"/> NA <input type="checkbox"/>	A <input type="checkbox"/> NA <input type="checkbox"/>	A <input type="checkbox"/> NA <input type="checkbox"/>	A <input type="checkbox"/> NA <input type="checkbox"/>

Healthy Mindful Living
1000-10100, 10100-10100, 10100-10100, 10100-10100

Unit
10100-10100
10100-10100

Unit
10100-10100
10100-10100

Unit
10100-10100
10100-10100



TWO - PART SEMINAR

Understanding Family Law

PRESENTED BY:

Beth Jarman

Lawyer—Accredited Family Law Specialist

WEDNESDAY 20th JULY - SESSION 1

Overview of the Family Law Act with Focus on Separation, divorce and children.

- Principles of Family Law Act
- Role of Family Law Courts
- Filing a divorce application
- Family violence
- How court determines the “Best interest of Children”
- Parental Legal Responsibilities
- Mediation
- Role of Independent Children’s Lawyer
- Filing Consent Orders for Children and Property

WEDNESDAY 27th JULY - SESSION 2

Overview of the Family Law Act with Focus on Property

- What constitutes or determines Property
- Application of the Act in de facto or same sex relationships
- Requirement for Pre-action Procedures
- Spouse Maintenance
- Timetables under the Family Law Act
- Timetables within the Family Court

DATES

Session 1 Wed. 20th July 2016

Session 2 Wed. 27th July 2016

TIME:

7:30 pm—9:30 pm

VENUE:

Institute for Mission
1-5 Marion St, Blacktown

COST:

\$ 7.00 per session

FURTHER INFORMATION/BOOKINGS ESSENTIAL

Contact: Solo Parent Services PH: 8822 2222

Email:

soloparentservices@ccss.org.au

FREE HOMEWORK HELP

@ Dundas Library

K – Year 12

2nd & 4th Thursday of every month
5.30pm-7.00pm

School term only and excluding public holidays



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www.parracity.nsw.gov.au/library

Pre-HSC Trial English TUTORIAL sessions

Parramatta
Library

Presented by Frances Russell-Matthews *HSC study guide writer*

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ENGLISH ESSAYS, CREATIVE WRITING TASKS &
OTHER ENGLISH ASSIGNMENTS OR QUESTIONS?**

Bring along your essays & questions relating to your work and an experienced tutor will mark and help you to improve your work and make sure that you are prepared for your English Trials!

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<http://j.mp/PCLHSCTut>

5pm-7pm

\$5 per
session

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PARENT LINE NSW

Newly launched, the Parent Line is a unique telephone and online counselling and support service for parents and carers.

We cover issues with babies, children and young people up to 18 years of age, all over NSW. Our counsellors are professionally trained and specialise in working with families.

Contact us 7 days a week on 1300 1300 52 or at info@parentline.org.au

AUTUMN 2016

find us on 

Parent Line

NSW

Newsletter for High School parents



Parent Line

is a unique telephone and online counselling and support service for parents and carers. We cover issues with babies, children and young people up to 18 years of age, all over NSW. Our counsellors are professionally trained and specialise in working with families.

What do young people need?

Lots of recent research shows:

- ★ Young people want to talk about tough issues with family
- ★ Young people also need to learn how to stay safe.
- ★ Young people respond best to parenting that is not unduly harsh but neither is it unduly lenient
- ★ Young people want parents that are available to them even if they don't talk to parents that much

Not sure how to navigate these needs and wants? Our counsellors can help find strategies that best fit with each family and engage parents and young people more positively.

5 signs of a healthy family

While every family is unique, researchers find there are common signs of healthy families:

- ★ Members are committed to one another
- ★ Families engage in positive communication
- ★ The family spends significant time together
- ★ Members show affection to one another
- ★ The family actively engages together to resolve crises peacefully.

Our counsellors can help families develop these ways of being together. Simply call us on **1300 1300 52** or email a parenting question to info@parentline.org.au.



Only the best will do

Parent Line counsellors use research-based understanding of young people and families together with proven parenting strategies to help parents develop more positive relationships with young people. We support parents to find strategies that best work for their family and we provide thousands of referrals every year to services all over New South Wales.

concerns in 2015

Last year we were most often asked about:

- 1 Mental health
- 2 Reducing parent/young person conflict
- 3 Technology
- 4 Poor relationships and bullying
- 5 Impact of parental separation and family violence

NEW

Parent Line ONLINE

We want to make it as easy as possible for busy parents and carers to connect with us and obtain the information they need. We now have Online Counselling via our website at www.parentline.org.au, you can email us a question using info@parentline.org.au or find us on Facebook for our latest tips and useful research.



1300 1300 52

7 days a week
info@parentline.org.au

www.parentline.org.au

Seeking Volunteer Host Families

Are you interested in different cultures and foods, learning about the world and different ways of thinking? WEP Australia is now looking for volunteer host families for our Italian exchange students due to arrive this July.



Why host?

Hosting an exchange student gives Australian families the opportunity to share their life and culture with young people from around the world for a term, semester or year. It is about discovering another culture, encompassing different traditions and practices, and supporting a new family member.

WEP host families are welcoming, curious and excited to have the opportunity for new experiences. They are people who would like to discover another culture, another way of life and traditions, and enjoy seeing Australia through the eyes of their exchange student. To be a WEP host family means offering this exciting opportunity to an equally curious and enthusiastic high school exchange student.



How does it work?

Host families choose their student and are responsible for providing the exchange student with a room (can be shared with sibling of same sex and similar age), meals and most importantly a welcoming family environment. In return, families will gain a new family member and friend for life.

All WEP students come with their own spending money and insurance.

Choose Your Student:

Samuele: "I love the ocean so of course my passion is swimming! I have been training for 10 years now and compete in races every week. I also really enjoy watching racing cars and am fascinated by astronomy. In fact, my dream is to one day become a skilled aerospace engineer for NASA. I can't wait to meet you!"

Niccolò: "Ciao! I attend an art school in Italy because I am passionate about drawing and painting. I am also a great sportsman and enjoy playing soccer and swimming, but I especially love water polo. I am extremely sociable and love making new friends. I can't wait to meet my host family and make new friends in Australia!"

Find out more now!

Request a comprehensive information pack, including student profiles.



Sylvia Kelly
World Education Program Australia
For the cost of a local call: 1300 884 733
Email: info@wep.org.au
www.wep.org.au

Simon & Melissa, host parents of Valeria from Italy:

We found the process of choosing your own student fantastic, as we feel Valeria has been very well suited to our own family. We appreciated the visits and emails from our coordinator and the information packs have been very helpful. Thank you WEP for providing our family with an experience we'll look back on with fond memories. We hope it has given our own children a desire to travel when they are older and it has given us all lifelong friends in Valeria's family.



EX MARIST MOTHERS
NORTH SYDNEY

CORDIALLY INVITES YOU AND FRIENDS TO JOIN US FOR

THE LAUNCH OF MARIST LEARNING ZONE
A Work of the La Valla Community.

at

THE AUSTRALIAN BALLROOM
THE MENZIES HOTEL
CARRINGTON STREET, SYDNEY

on

THURSDAY 14TH JULY, 2016 Lunch 12.00pm

MASTER OF CEREMONIES.

MR JASON HODGES

Channel 7- BETTER HOMES & GARDENS

COST \$90.00PP (Tables 8 or 10 Guests)

RSVP 24TH June, 2016

Cheques made payable to Ex Marist Mothers' Assoc.

C/- MRS DENISE LONG

Direct Deposits to Commonwealth Bank

BSB 062155 ACCOUNT 10243190

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BEACON HILL 2100
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0409 073021